

THE NORTH BAY PROGRESS

Serving all of Solano County

VOL. 2, NO. 3

AUGUST/SEPTEMBER

Making A Difference: **Rev. Mac A. Finley**

Progress: What community projects are you presently working in?

Rev. Finley: As the Vallejo African Community Consultant, I'm currently developing the initial planning and organizing package for the African Community Task Force, a newly formed organization and a component of the City of Vallejo's Community Partnership Project. As the Vallejo NAACP ACT-SO Youth Chairman, I'm working with several local African-American organizations to put together the September 12, 1992 "Back To School Super Blowout", which will feature youth of Vallejo sounding off positive messages focusing on education, Black Unity, and anti-drug themes.

I'm currently working with Tolisa Jamison, President of the South Vallejo Neighborhood Association, in organizing Vallejo African-American Youth to form the Vallejo Black Teen News Network. In September I'll be launching Young Disciples Of Christ, a youth leadership and training course, I am a member of many organizations, including NORCAL African Heritage Network, Vallejo NAACP, National Council of Negro Women, Vallejo Black Chamber, Martin Luther King Jr. Planning Committee, Vallejo African Community Task Force, and Editor-Publisher of the Solano County Afrocentric Affairs.

Progress: How did you become as involved as you are in community work?

Rev. Finley: I really don't know the exact moment it happened. But I believe that God has given everyone dreams, gifts, and talents. When one realizes and accepts the fact that he/she has been created for certain purposes in improving the lives of others, and begins to focus in that direction, all other personal ambitions become secondary. I'm also grateful that the Lord gave me loving, patient, and active parents, McCurtain and Lucille Finley of Newport, Oklahoma,

and a strong sense of pride in my African heritage. With these factors, it's easy to see why I stay busy trying to make a positive change.

Progress: What is your background?

Rev. Finley: I was born June 29, 1955 in Newport, Oklahoma, a rural close-knit community where I learned to hate the cotton fields. It was a tough, independent kind of life where one had to work hard in order to have the most basic items in life. However, I had strong, family and church support, and a large extended family that included both relatives and the local "colored" community. Presently I am an instructor at CSTSC Mare Island, having been in the U.S. Navy for almost 18 years.

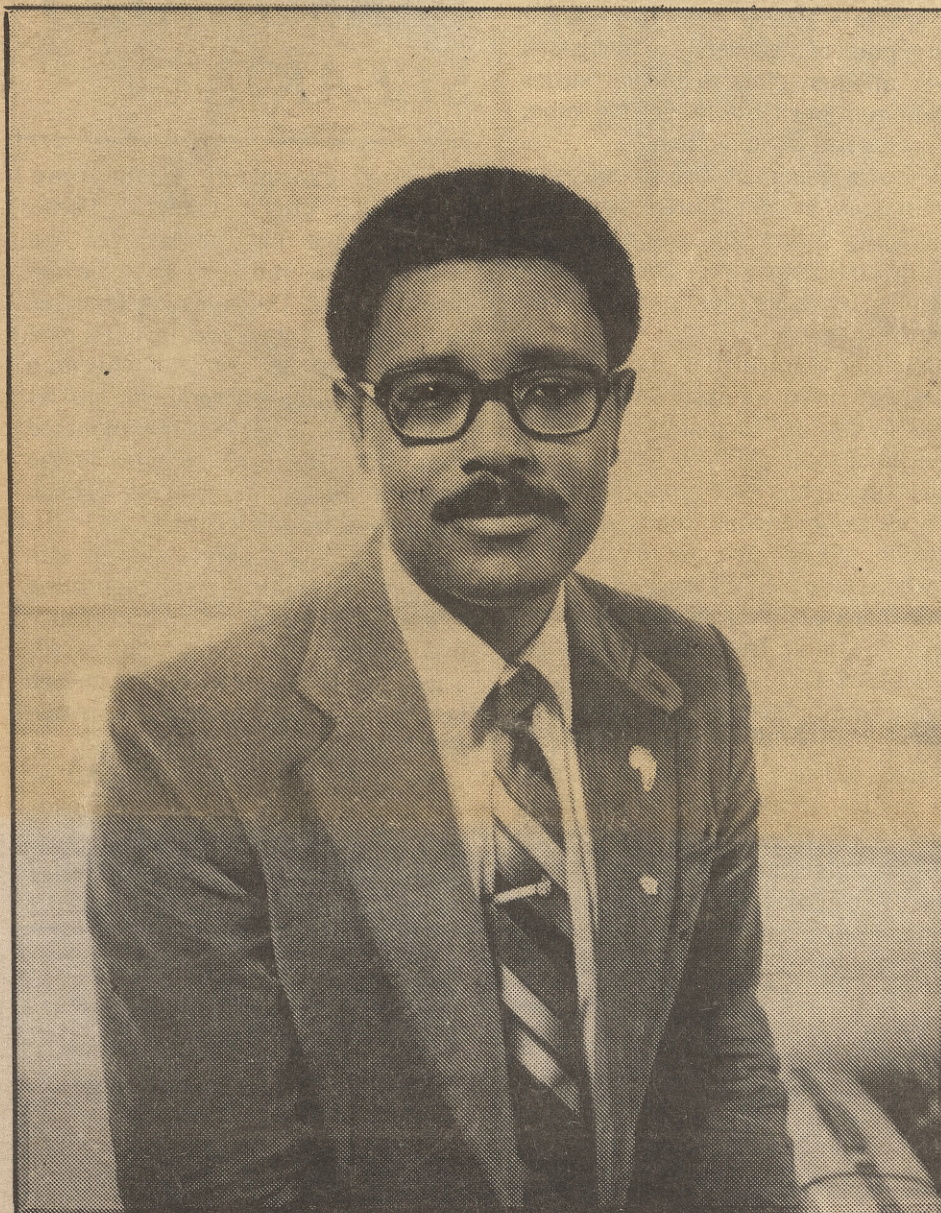
Progress: What kinds of strengths have you seen in Black America over the last 20 years?

Rev. Finley: From my perspective, some of the main strengths that I've seen during the last 20 years are, a close community spirit where Blacks united in time of crisis, especially when a local family experienced tragedy; the Black churches giving youth their first opportunities to get recognition, leadership training, and participation in the democratic process; and committed, strong-willed Black community leaders and activists who, despite white racism, ostracism and ridicule from some Black people, and a myriad of other obstacles, endured to the end.

Progress: What kinds of changes have you seen in the last 20 years?

Rev. Finley: On the positive side, I've seen a good (but still inadequate) increase in the number of Blacks in public and political offices, and a big increase in the number of individual Blacks who have "made it" in certain occupations not previously receptive or open to Blacks to the 1970's. On the negative side, I've seen the disintegration of the strong Black family and its values, a rapid decrease in real

Continued on page 2



Rev. Mac A. Finley

Fighting Back Sponsors First Picnic

The Fighting Back Program will hold its first Community Partnership Recovery Picnic, Sept. 5 at Marina Vista Park, Vallejo.

Guest speaker for the event, which starts at noon and ends at dusk, will be Chuck Brisette. He serves as a counselor with the Azure Acres a recovery program for the alcoholic and drug dependent.

Participants will be able to enjoy ethnic food booths, art, games and a

two-hour talent show.

Gem Benozza, media events coordinator with the Fighting Back Program, said the program expects at least 1,000 participants.

"The picnic will show that living a clean and sober life can be a good life," she said.

For more information regarding the picnic, or to find out more information about The Fighting Back Program, call (707) 648-5230.

A SCHISM

By L. Butler

America has not always been kind to its minority populations particularly its intellectual, creative minority. America's desire to perpetuate the status quo is the culprit for this disfranchisement of its minority.

By disallowing equal opportunity, one group seeks to maintain control, to create a power base, to create a perception of superiority of one group over another. This distortion stifles the human spirit, alters, and for some, prevents self-actualization.

Success generally breeds success. Politicians rear children who are politically aware and some become politicians themselves. Doctors rear doctors, teachers rear teachers. You get the idea.

America's minorities have fought long and hard against considerable odds to educate themselves, to train and mold their children for success; the struggle has been rewarded.

African-Americans have a large middle class. We have become leaders, many hold responsible positions, belong to socially elite organizations. We have become enculturated hybrids of White America.

The comparison is not always flattering. Just as White America chose to concentrate its interest and money on groups of individuals considered part of America's elite inner circle—Black Americans have followed suit. This is particularly visible in the

Black church. Educated Blacks primarily hold the decision-making positions in the church. Yet, their education may have nothing to do with their spiritual growth and development. Therefore, too frequently, cliques are formed as power bases. The children of individuals in the churches inner circles are supported, encourag-

PERSONALLY SPEAKING

ed and groomed to become tomorrow's clique leaders. These children are not necessarily the brightest, the most creative or the most spiritual. Divisions and frictions are present: Young people, not a part of this "inner crowd," become alienated in this environment. Just as Black America has become alienated from White America, cliques in the church have alienated Black Americans from each other.

Just recently a parent shared with me that her children were requesting to leave the church to find acceptance and support for "who they are." These social cliques within the church are hurting our children's spiritual development.

We can't serve two Gods. Until we are focused solely on our relationship with God we will continue to form relationships which reject fellow Christians based on secular criteria.

We simply cannot afford to do to each other what America has done to us. It would be a gross distortion to teach our children that the quality of the human being is based on education and position, or lead them to believe that acceptance by one's peers or one's group determines the quality of one's life.

As Christians we must examine our attitudes and behaviors; be open to correction, learn to validate each other whether or not one is a friend or

part of our inner circle. We must stand for right, rather than play politics. We must demonstratively teach equal opportunity. We must read and practice God's word to ensure that each generation gets stronger and more committed in their Christian walk. But most importantly, we must teach our young people that God's strength, guidance and protection are our fortress. We can do the latter by dissolving all cliques in our churches.

Rev. Mac A. Finley

Continued from page 1

Black political power, a high percentage of Black parents and adults who are not willing to make the necessary sacrifice for our dear Black children, a collective drifting back into the "Stone Age" where most Blacks are not a part of the new computer, information, and technological age of the 21st Century, the average Black church transformed into an introverted institution to the detriment of the Black community.

Progress: With that particular viewpoint, do you see any hope for the elevation and real progress of our people in the next 20 years.

Rev. Finley: Yes. Our young African-American youth are the key to our future. The late 1980's and early 1990's has given rise to our youth's first taste of real Black history. Now that their curiosity has been raised, they are now beginning to realize their unique, glorious African heritage, where they are presently in the global scene, and where they are going. One of the advantages of the new computerized, information age is the powerful capacity now available to one individual to spread knowledge to a

Continued on page 8

Take a Stand!
Vote in
November!!

The North Bay Progress

"News You Can Relate To"

Sharon R. McGriff
Publisher
Lou Turnage
Advertising Manager

The North Bay Progress is published monthly and is solely owned by the North Bay Progress Publishing Company. We reserve the right to edit all copy sent to The North Bay Progress.

Correspondence and materials for publication should be addressed to Editor, North Bay Progress, P.O. Box 4648, Vallejo, CA 94590; telephone (707) 553-2384. Deadline for publication is the 15th of each month.

Local Black Chamber Directory Available

The Vallejo-Solano County Black Chamber of Commerce has compiled a Business Directory chock full of African-American businesses and business people in the Solano County area.

The limited edition directory is "consistent with VSCBCC's commitment to economic development of Black businesses in the Vallejo-Solano area."

For more information about the directory, or to get your own copy, call (707) 643-4876, or 643-8468.

MARTHA'S FINE LINES

401 Georgia Street • Vallejo, CA 94590

☎ 707 - 557-1766

FASHION EARRINGS
HAIR ACCESSORIES

COSMETICS
PANTY HOSES

FASHION EARRINGS
\$1.⁰⁰ PAIR

HEAD BANDS
\$1.⁰⁰ EACH

LIPSTICK
\$1.⁰⁰ EACH

NAIL POLISH
\$1.⁰⁰ EACH

Judge Garrett Honored at Recent Reception

More than 100 people recently enjoyed an afternoon reception honoring Judge Ramona Garrett, Solano County's first African-American to be appointed to a judgeship.

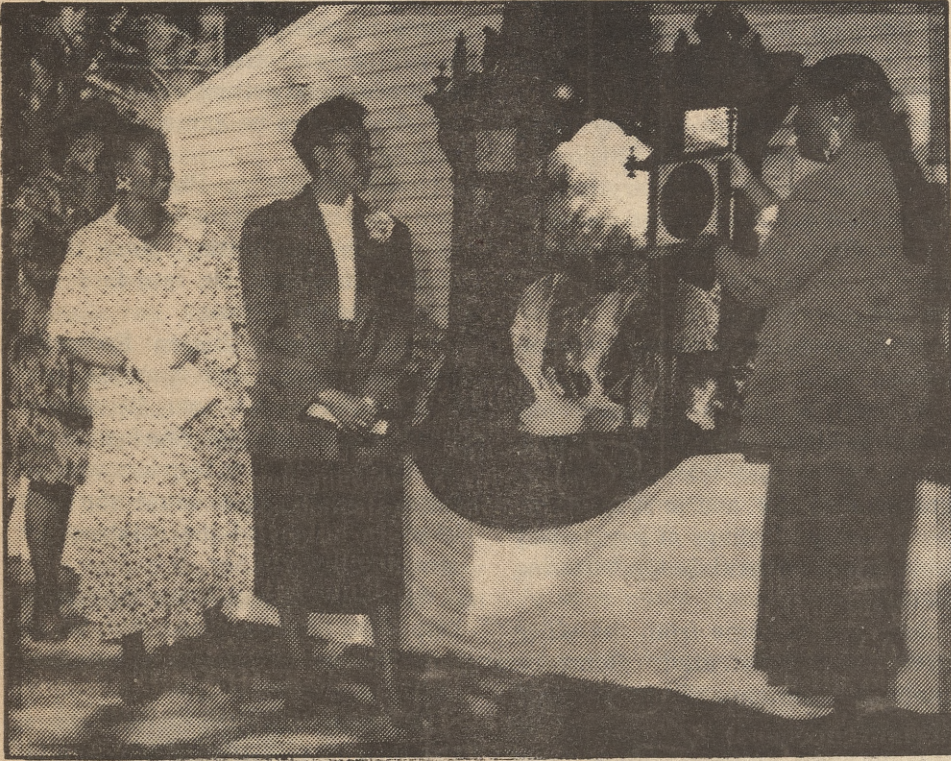
The outdoor reception, held on the

grounds of Captain Walsh's Home, a bed and breakfast inn in old Benicia was sponsored by the Solano County Black Political Women's Association. More than 12 members of the organization, which was formed in the

early 1980s pulled together to honor Judge Garrett, who was one of the original members.

Members in attendance were Anita Black, Cheryl Jones-Roussel, Annette

Taylor, Hattie Smith-Miles, Lillie Butler, Johnie Bird, Crystal McGriff, April Haywood-Colon, Betty Calhoun Walker, Ann Williams, and Sharon R. McGriff.



Judge Ramona Garrett, center, receives a plaque from April Haywood Colon during recent reception honoring the judge. Hattie Smith-Miles and Anita Black (back) look on.

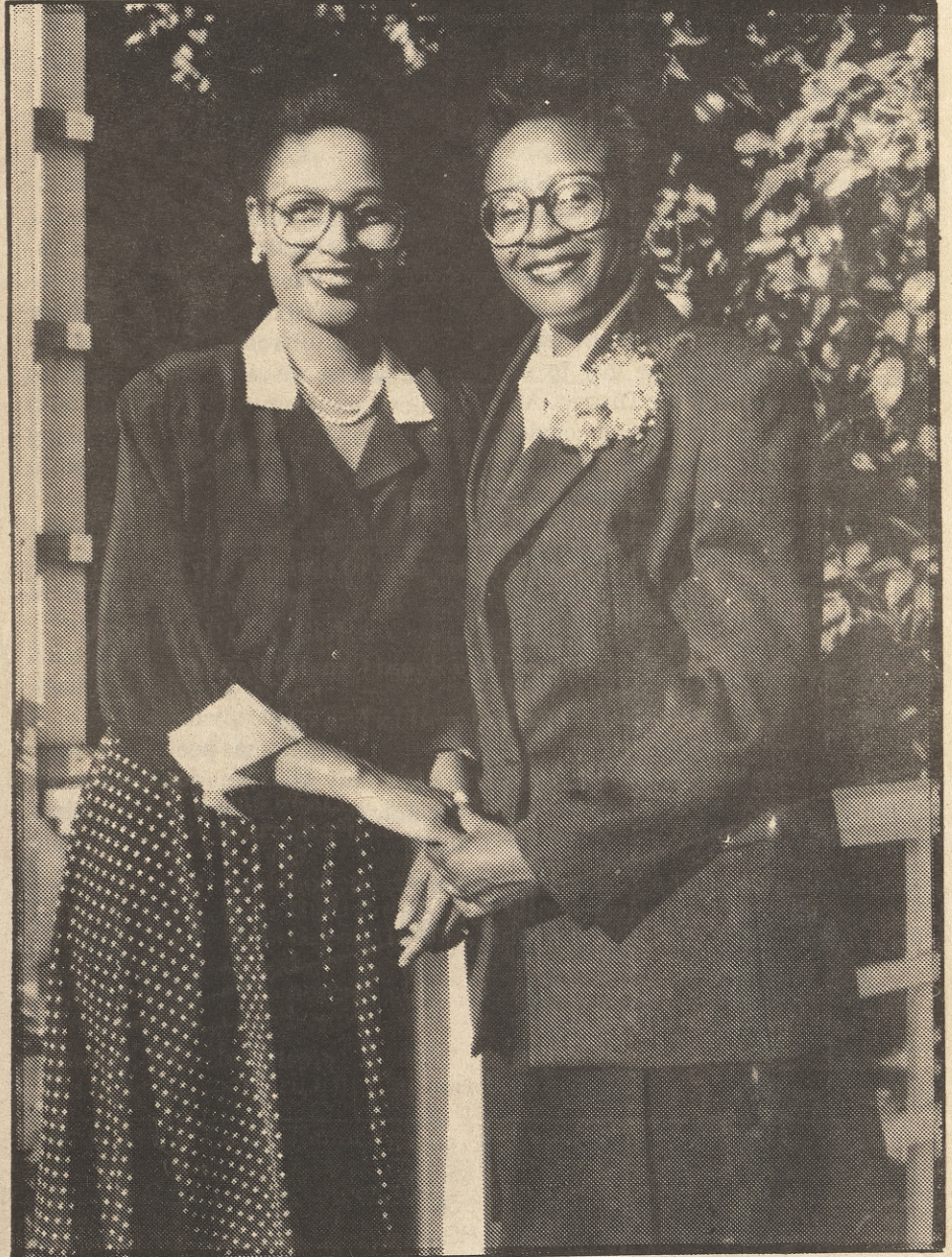
All photos by Loviel Cardwell



Alameda County Superior Court Judge Gordon Baranco was the guest speaker at Judge Garrett's reception.



Solano County Supervisor Attorney Osby Davis shared a light moment during the reception held in Benicia.



Nichelle Garrett-Williams and her mom, Judge Garrett share a proud moment. Nichelle is a recent college graduate and plans to follow in her mother's footsteps.

LOVIEL E. CARDWELL
PRESIDENT



Photography By Loviel
WEDDINGS, PARTIES, FASHION, CALLING CARDS

BY APPOINTMENT!!! (707) 645-6222
P.O. BOX 1502, MARE ISLAND, CA 94592-5050

ASK ABOUT OUR SPECIAL RATES!

What's Wrong With Mary?

By Beverly J. Owens

The police keep on going out to the same house. "Why doesn't she leave the guy? Every time we go out there, he's been drinking and has beaten her up and she's crying, get him out of here! But, she keeps going back to him. What's wrong with her?"

Neighbors are fed up. Mary calls for help, but she goes back. She even gets angry when friends and family try to talk to her. The minister wants to help. Everyone wants to help Mary, but Mary. What's going on? "She deserves what she's getting. She asked for it, otherwise she'd get smart and leave. She's really stupid."

These are some of the reasons the police don't take domestic violence problems seriously, "Oh brother, it's Mary again. Just tell the guy to go cool off." This is why the District Attorney has a hard time getting convictions. Everytime this sort of case comes to trial, Mary and women like Mary back off, "he really didn't mean to hurt me. He's basically a nice person. It's his family's influence. He can't help it." The DA can't take domestic violence seriously when the victim won't cooperate for a conviction. What's wrong with Mary anyway?

The buzz word today is "co-dependency" when it comes to understanding the root causes for becoming a victim to violent behaviors and un-

derstanding those reasons can create an atmosphere for change. I recently spoke to a Third grade class at Fairview Elementary School in Fairfield, where a very perceptive young lady answered my question, "What do you think domestic violence means?" with, "I think it means AIDS." I like her thinking. "That is another form of

SPEAK OUT

violence," I replied and went on to discuss family violence. Co-dependency involves the absence of growth we are all entitled to from infancy to adulthood where we were never able to achieve autonomy; to feel well with ourselves. It is a condition of looking to others for their approval in order to feel we are okay.

Margaret Mahler and her associates did extensive research in 1968 to help us understand the courses of development that helps the human infant move successfully from psychological oneness at birth to psychological autonomy at about age two or three. She found that people who have successfully completed this developmental task are no longer dependent upon people or things outside them-

ves to guide their way. They have a solid inner sense of uniqueness of who they are. In Breaking Free of the Co-dependency Trap, some of the signs of being Co-dependent include:

- feeling responsible for others' happiness
- seeking approval and attention from others in order to feel good
- believing others know what's best
- throwing temper tantrums
- trying to prove you are good enough
- idealizing others and becoming disappointed when they let you down
- blaming yourself for everything
- thinking you are not good enough
- live life as a victim of circumstances
- fearing rejection
- feeling helpless to change your situation

So there is the co-dependent who meets another. Pretty frustrating relationship. Couple that with the ingestion of alcohol and/or drugs in order to escape feelings of inadequacy and you have potential for a battering incident.

John comes home from the office tired and frustrated. Someone challenged his capabilities at work. He didn't know how to respond, so kept his anger inside — until he came home. He opens the front door and wants dinner when he wants it. He has the power and control in his own home. Frustrations no longer need to be held back, he can express them openly. He declares ownership of family, and his family feels owned.

A man in prison recently asked me after my presentation, "What do you do when she keeps asking for it? She keeps yelling in my face until I give her what she's asking for!" If we can teach effective communication rather than tantrum throwing, we will have done well. If we can help build up self esteem, that person who feels good

about him or her self will not tolerate oppression in any form, and will not oppress others.

We have an opportunity through education to turn things around for Mary and for John.

Lenore Walker, noted psychologist and author, developed the Three Phase Theory of domestic violence:

- The Tension Building Phase: For whatever reason, frustration at work or with self and others, things are tense at home and getting worse, not better. There may be name calling and yelling.

- The Explosive Phase: Things come to a head and the battering begins; yelling and hitting. Many times severe maiming or murders are committed at this time.

- Loving Reconciliation: Following the battering, both parties feel relieved the crisis is over. He is sorry for "losing it" he cries. She feels sorry for him and wants to help him without regard to herself, because she isn't important. He and the children are most important to her.

What's wrong with Mary? She needs help. John needs help too. But, we all know that no one can get the help they need if they're not willing.

That's where the Domestic Violence Program (DVP) and the DA work together to educate the community about family violence issues and answers.

Women who seek our help are told:

- You need a restraining order because the battering will continue unless you say "no more." He is out of control and needs help.

- Seeking legal assistance is the first step in bringing about positive change for yourself, and your batterer, whether your husband, wife, daughter, son, mother, father or sig-

Continued on page 7



SESSOMS CHIROPRACTIC

"We Emphasize The Personal Touch For The Entire Family"

Dr. Mark D. Sessoms

FREE INITIAL CONSULTATION

PERSONAL INJURY • WORKMEN'S COMPENSATION

MEDICARE ACCEPTED

OPEN MONDAY • FRIDAY

24 HOUR EMERGENCY CARE

1030 Georgia St • Vallejo

647-4390



ERA® B & B REALTY, INC.

747 Tuolumne St.
Vallejo, CA 94590

Each office independently owned and operated.



CONTINUED SUCCESS!
NORTH BAY PROGRESS

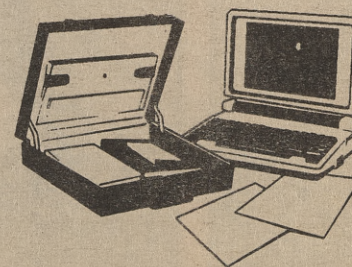


BETTY WALKER

Broker Owner
Office: 707-554-6500
FAX: 707-554-0253

REMEMBER!

The North Bay Progress is
the ONLY Black-owned and
Vallejo-Solano County Based newspaper!



Subscribe Today!

1409 Georgia Street, Vallejo 94590
(707) 553-2384

HEADACHES

By Alan Sunbeam L.A.

Why do people get headaches? The most common causes are dehydration, stress or constipation. The most dangerous cause is high blood pressure. So if you are suffering from a headache that hasn't gone away the first thing to do is to get your blood pressure measured, just in case.

Some of the other causes are digestive disorders in the stomach, liver, or bowel; menstrual irregularities, impingements of the cervical (neck) vertebrae, concussion, eye strain, nervous excitement, fatigue, fever, or summertime heat exhaustion.

Looking at this long list one sees that there are many causes of headaches. Sometimes there may be several causes mixed into one headache! So if a simple solution is not helping then it is important to take time to seek expert help in diagnosing the problem.

That said — here are three simple treatments for headache.

Chamomile (camomile) is a very relaxing tea. Make a large pot and

drink several cups. For a stronger, more medicinal dose, brew it using one ounce of herb to one pint of water. Don't expect to be driving anywhere after drinking this tea, just find a quiet place to lay down and relax. Very similar to chamomile is feverfew or the Traditional Chinese herb chrysanthemum flower tea.

GOOD HEALTH

For headaches both Dr. John Christopher and Jethro Kloss recommend "drink a strong cup of peppermint tea and then lay down and relax. If need be one may drink two or three cups."

The peppermint and chamomile may be combined together if one wishes; for a relaxing and delicious tea.

Lemon water is made by squeezing ½ or a whole lemon into a glass of

water. Drink lots of it. By the second or third quart the headache should begin to recede.

If one has a headache and has been sweating in the summer heat, then the headache is probably from heat exhaustion. For this one should drink a quarter teaspoon of salt in a tall glass of water, and/or drink something with electrolytes in it in order to replenish the body of elements lost through the skin by sweating. Examples of electrolyte drinks include those designed for athletes such as Gatorade or Emergen-C (available at most health food stores), or lemon water with a little salt and sugar added. If the person is also suffering from weakness, nausea, progressing to dizziness, vomiting even fainting the Red Cross recommends giving salt water (1 tea-

spoon in a glass of water), have the person lie down with legs raised about 8 inches, loosen the clothing, and apply wet cloths to cool the body down.

The main cause of headaches is toxin buildup in the body. This buildup may be due to any of several causes. The main treatment of this buildup is to flush the toxins out of the body by drinking lots of toxin-clearing liquids.

Headaches have been suffered by humans since the beginning of time, and since that beginning we have been using "the herbs of the fields as medicine" to treat ourselves.

Alan Sunbeam L.A. owns and operates The Healing Arts, 721 Marin Street, Vallejo. For information about acupuncture, medicine herbs, Shiatsu and pre-natal massage call (707) 644-4325.



JOHN L. BURRIS
Attorney-at-Law
General Practice with emphasis in
Civil Rights Litigation
Employment Discrimination
Personal Injury Matters
and
Criminal Defense

1212 Broadway, 12 th Floor
Oakland, California 94612-1841
(510) 839-5200

FREE OFFICE CONSULTATION AVAILABLE

Personal Injury,
Criminal Law,
Family Law, Juvenile,
Employment Termination



C. (Mac) McBride
Attorney At Law

1330 Springs Rd.
Vallejo, CA 94591

707-553-9062



McDowell's Insurance Agency
AUTO • HOMEOWNERS • BUSINESS • LIFE

RESIDENTIAL CARE HOMES

JIM McDOWELL
BROKER

725 TUOLUMNE ST.
VALLEJO, CA 94590
(707) 644-5216

727 WEBSTER ST.
FAIRFIELD, CA 94533
(707) 425-5135



Join The Progress Team!!
SUBSCRIBE

P.O. BOX 4648, Vallejo, CA 94590

12 ISSUES FOR \$7.50 A YEAR

SUBSCRIBE TODAY!!!

NAME _____

ADDRESS _____

CITY/ZIP _____

SIGNATURE _____

CAN WE RELEASE YOUR NAME TO ADVERTISERS?

☐ Y

☐ N

Women's questions answered.

You're probably well aware of your family's life insurance needs. And you probably have questions.

I've got a lot of answers. Here at Allstate we've got protection for you, your family, your children, your future.

Why not drop in, or call. Let's talk.

Leave
it to The
Good Hands
People.



PAUL WILLIE
Senior Account Agent
Allstate Insurance Company
2505 Springs Road
Vallejo, CA 94591

Allstate®

Allstate Life Insurance Company

Bus. (707) 648-0134 • FAX: (707) 642-1312

OUR FOOD



Fire up the grill! It's time to barbecue. This year give your chicken an exotic new flavor. "Savory Glazed Chicken" features a spicy, sweet glaze of creamy peanut butter, vinegar, hot pepper sauce, ginger and bottled Kikkoman Teriyaki Baste & Glaze. While you may think this is an odd-ball combination, the taste is wonderful. The delicate sweetness of the teriyaki baste & glaze is accented and enhanced by the other ingredients to create an enchanting flavor that the whole family will enjoy, plus it has a just-right consistency for easy basting. And, if the sun doesn't shine, this recipe works equally well under the broiler, so summer showers won't dampen the fun.

SAVORY GLAZED CHICKEN

- | | |
|---|---------------------------------------|
| 1 tablespoon creamy peanut butter | 3/4 teaspoon Tabasco pepper sauce |
| 4 1/2 teaspoons distilled white vinegar | 1/2 teaspoon minced fresh ginger root |
| 1/4 cup Kikkoman Teriyaki Baste & Glaze | 3 pounds frying chicken pieces |

Measure peanut butter into small bowl; gradually blend in vinegar. Stir in teriyaki baste & glaze, pepper sauce and ginger until mixture is well blended; set aside. Rinse chicken; pat dry with paper towels. Grill or broil chicken 5 to 7 inches from hot coals or heat source 30 to 35 minutes, or until tender, turning over every 5 minutes. Brush chicken with glaze mixture during last 10 minutes of cooking time. Makes 4 servings.

**HAVE YOU GOT A
DOWN HOME RECIPE?
CALL THE NORTH BAY
PROGRESS - (707) 553-2384**

Kids under 10
eat for under \$2.50.
Hi-chairs for the
little ones.

Fantastic
Home-Made Desserts



FRESH SEAFOOD

Special Members Offer

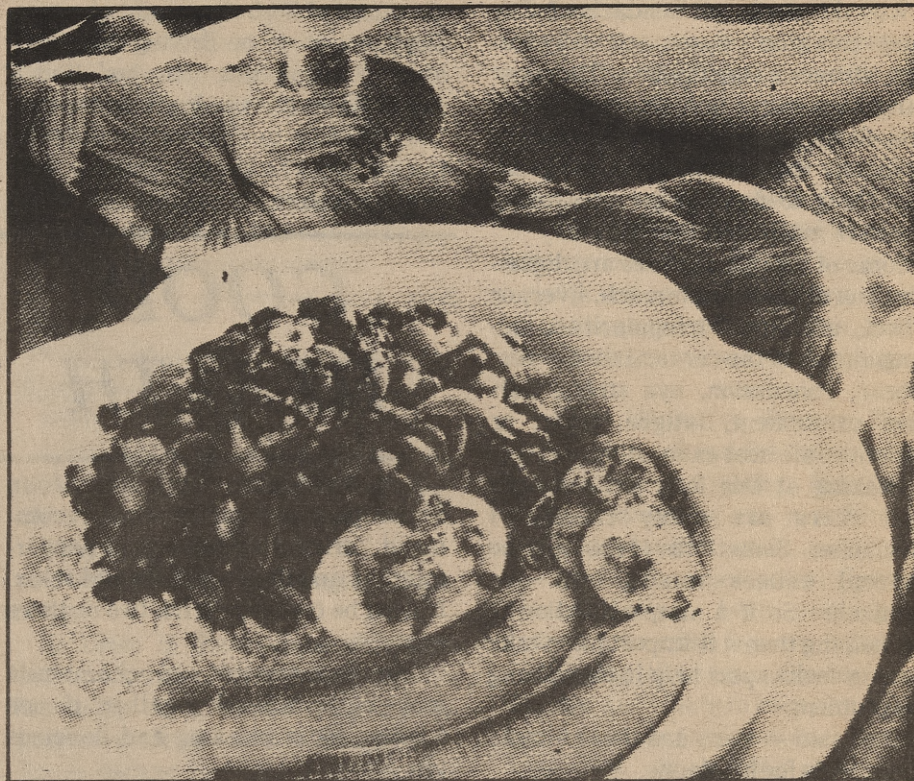
Purchase One Meal at Regular Price
and Receive 2nd Meal 1/2 Price Validation No. 49
10% Discount Thereafter

557-6903
3420 SONOMA BLVD. ■ VALLEJO



Catering for
All Occasions

Taste the Magic of Banana and Spice



Green-tipped bananas bring a taste of the islands to your next dinner party in this tasty Caribbean Vegetarian Curry.

CARIBBEAN VEGETARIAN CURRY

- | | |
|---|---|
| 3 green-tip, medium Dole Bananas, peeled | 1 can (15 oz.) black eyed peas, drained |
| 3 teaspoons margarine, divided | 1 can (15 oz.) kidney beans, undrained |
| 1 onion, halved, thinly sliced | 1/2 cup Dole Raisins |
| 2 large cloves garlic, pressed | 1 cup nonfat yogurt |
| 1 tart apple, peeled, cored, chopped | 3 warm hard-cooked eggs, halved |
| 1 1/2 teaspoons curry powder | 3 cups hot cooked rice |
| 1 1/2 teaspoons grated lemon peel | 6 Dole Radishes, thinly sliced |
| 1 teaspoon each: ground ginger & coriander | 3 Dole Green Onions, thinly sliced |
| 1/2 teaspoon each: turmeric & ground red pepper | 1/2 cup chopped cilantro |
| | 1/4 cup chopped peanuts |

• Cut bananas in half crosswise, then lengthwise to make 12 pieces. Saute in nonstick skillet with 2 teaspoons margarine until lightly browned. Remove to plate.

• Add 1 teaspoon margarine to skillet. Saute onion, garlic, and apple until soft.

• Combine curry powder, lemon peel, ginger, coriander, turmeric and red pepper. Stir into onion mixture.

• Add black eyed peas, undrained kidney beans and raisins. Cover; simmer 5 minutes. Remove from heat, stir in yogurt.

• Place egg halves on rice. Surround with sauteed bananas. Spoon curry over. Top with radishes, green onion, cilantro and peanuts.

• Serves 6.

Per serving: 406 calories, 16 g protein, 9 g fat (2 g sat.), 68 g carbohydrate, 477 mg sodium, 138 mg cholesterol.

Prep time: 20 minutes

Cook time: 10 minutes



**HOUSE
of
SOUL**

**JUST LIKE HOME
AWAY FROM HOME!**

FOR TAKE OUT

644-3792

FRIED FISH EVERYDAY!

OPEN DAILY EXCEPT SUNDAY

11:30-10:00 M.-THUR., 11:30-11:00 F., 12:30-11:00 S.

**1526 SOLANO AVE.
VALLEJO**

The Church: An African American Perspective

By Reverend Carroll Broadfoot Jr.
Pastor, Friendship Missionary
Baptist Church

Historically, the segregated living patterns of African-Americans gave rise to a unique cultural development. Within that context, the church was the central institution. The recent advent of a more desegregated social order has grossly altered this phenomenon, resulting in an emergent culture in which the status of the church has diminished.

In the past, the church and its role was transmitted by the family and confirmed by the community. The contemporary African-American church struggles to communicate a holistic and relevant gospel of liberation which embraces the spiritual, social, economic and political dimensions of the gospel of Jesus Christ.

Many members of the African-American community are looking to the church for spiritual guidance that will transcend the pressures of daily living. The influence of the church is urgently needed due to disturbing changes taking place in many families. Kimbro provides the following statistics about the plight of the African-American family:

By the year 2000, seventy percent of all black men will be unemployed, seventy percent of all black children will be born into a household without a male; and roughly one-third of all blacks will be members of a permanent underclass.

The church cannot afford the luxury of watching communities continue down the present path to self destruction from drugs, poor academic performance, indolence, moral failure, and an attitude of indifference towards God, family, and community.

Christians must take the lead in networking with cities, churches, schools, students, and parents, for building communities constructed upon justice, and equality for everyone.

Christians have been commissioned by God to view the world through the eyes of Christ. Believers are called and empowered by the Holy Spirit to become God's change agents, and community builders for Christ. The author of Second Corinthians 5:19 affirms that, "God was in Christ reconciling the world to himself, not counting their trespasses against them, and entrusting to us the message of reconciliation."

The worship of God evolved out of the African-American experience as a result of preaching, teaching, prayers, and "soul-stirring" songs about God being able to heal the sick, raise the dead, and deliver the oppressed. Members of the African-American community have traditionally believed that God cares about the oppressed because he delivered Israel from bondage and afflicted the Egyptians.

Christians in the African-American community need to view the oppressors as potential brothers who also need deliverance from bondage. The key to liberation of the spirit can be realized through a personal faith in the life, death, burial, and resurrection of Jesus Christ as Lord and Savior. The Apostle Paul affirms in Second Corinthians 5:17 "if anyone is in Christ, he is a new creation, the old has passed away, behold, the new has come."

What's Wrong With Mary

Continued from page 5

nificant other.

• To do nothing could lead eventually to someone's becoming severely maimed or lead to someone's death.

We also advise that everyone has a right to request an EPO (Emergency Protective Order) 24 hours a day (a California State Law) to protect against violence or threats of violence. If an officer refuses to issue one, the supervising officer at the Police Department should be called.

If time allows, people can pick up a Domestic Violence Restraining Order

packet at the court clerk's office for a \$4.00 fee. The papers must be typed and brought back to Court by 4 p.m. for the judge to sign. Then, they must be taken to the Sheriff's office to have them served (\$25 fee), or anyone else can serve them. A copy is then carried on the person as well as taken to the police dept. and any relative, workplace, school, childcare provider, etc. All protected need to have a copy.

Beverly J. Owen, is Director. Call Crisis 429-HELP; 645-7854; Office 427-5950 for help. Domestic Violence Program in Solano County.



WATKINS AND MORE Your Favorite Store With Quality Since 1868

Present this AD at the time of purchase over the counter or order by phone and get a 10% discount on orders of \$15 or more.

We carry the best in Flavors and Spices along with a variety of Colognes, Creams, Ointments, Liniments, Cough Syrups, and Household Cleaning aids.

SALES PERSONS NEEDED

Lou Turnage (707) 554-6892
1409 Georgia St. Vallejo, CA 94590

BEVERLY FOOD CENTER

"YOUR FRIENDLY NEIGHBORHOOD GROCERY STORE"



14 Laurel Street
Vallejo, California 94590
(707) 642-5276

**For News You Can
Relate To!
Read The North
Bay Progress!!!
Call (707) 553-2384
And Subscribe!!!**

ADDED TOUCH HAIR REPLACEMENT & WEAVING

Check out our Specials for all weaves, colors, perms and relaxers.



Specializing in
MEDICAL & HEREDITARY HAIR LOSS
FOR MEN & WOMEN
FULL SERVICE SALON

CREATIVE COLORING • TREND CUTTING • PRESS & CURL
DESIGNER PERMS & RELAXERS • COMPLETE PRIVACY

TUES. — SAT.
10 AM - 9 PM
SUN. & MON.
BY APPOINTMENT

647-3609

**220 HICKORY
VALLEJO**

CHURCH:

Attend A Church Of Your Choice!

CENTER OF HOPE MISSIONARY BAPTIST CHURCH

140 Daniels Ave., Vallejo
Res. 644-9499 Ch. 552-5008
"Where we are people-oriented,
Bible-centered and Christ led"



Pastor Lou Turnage

President Paradise District Congress
of Christian Education

Evening Worship	6:30pm
Sunday School	12noon
Worship Services	1pm
Bible Study and Prayer	
Meeting (Thursday)	7pm
Radio Broadcast	
Sundays	8:45am
on K.N.B.A. 1190 AM on your dial	

THE GOOD SAMARITAN MISSIONARY BAPTIST CHURCH

407 Capitol Street,
Vallejo, Calif. 94590
Church: 648-9461



Rev. M.D. Slade

New Members Class	9:30 am
Church School	9:30 am
Morning Worship	10:45 am
Nursery Open	10:30 am
Evening Worship	6:00 pm
Communion (First Sunday)	6:00 pm
Evangelism Classes - Tuesday	7 pm
Prayer and Bible	
Classes - Wednesday	7 pm

LIBERTY BAPTIST CHURCH

1035 Indiana St. at Colusa St.
Ph. Res. (707) 643-8510



Pastor Clifford McCarver

Sunday School	10:45 am
Worship Service	12 noon
Prayer & Bible	
Study - Wednesday	7:30 pm

EMMANUEL APOSTOLIC CHURCH

P.A. of W. Inc.
900 6th Street, Vallejo
Res. 552-1387 Ch. 642-2391



**District Elder
Jerry Hubbard
Pastor**

Sunday School	9:45 am
Morning Worship	11:30 am
Young People Service	6:00 pm
Evening Service	7:00 pm
Bible Study Wed	7:00 pm
Missionary Night Thur	7:00 pm
Prayer Service Fri.	7:00 pm

AND A HIGHWAY SHALL BE
THERE, AND A WAY. AND IT
SHALL BE CALLED THE WAY
OF HOLINESS. ISAIAH 35:8

HIGHWAY

Church of God in Christ

PH. (707) 553-8317 (707) 642-9867
525 Lincoln Rd. W., Vallejo, CA 94590



Elder Jeremiah Richardson

Sunday School	10 am
Worship Service	12 noon
Evening Service	7 pm
Tues. Bible Study	7 pm
Thursday Family Night	7 pm

NEW HOPE MISSIONARY BAPTIST CHURCH

900 Marin Street,
Vallejo, CA 94590
Ph. Church 648-9471



Pastor Al Turnage

Sunday School	10am
Worship Service	11am
Evening Worship	7pm
Mission (Monday)	12noon
Choir Rehearsal (Tuesday)	7:30pm

Church News

The New Hope and Faith Tabernacle Baptist churches will hold a Back to School revival at The New Hope Baptist Church, 900 Marin Street. Beginning August 31 and continuing through Friday night, September 4, 7:30 p.m., nightly. The Evangelist for the week will be the Rev. George Love, pastor of the Mt. Cannon and the Macedonia Baptist Churches of Louisville, Miss. The public is invited to attend.

Think Globally Act Locally Vote!!

Rev. Mac A. Finley

Continued from page 2

wide audience of people in a very short period of time.

Progress: From your perspective, what key changes need to be made to usher in a new age of progress for African-Americans?

Rev. Finley: Small Black businesses need to start pooling their resources together in order to survive, flourish, and create jobs for our own people. Black churches need to unite in a collective enterprise to buy and initiate businesses and create effective alternative education programs for our people. Educated and technically-proficient Blacks need to form partnerships with each other and with parents, learn to communicate with grass root Blacks, and exploit the new

technological breakthroughs in creating new, innovative, and effective educational delivery systems relevant and suited for the needs of all Blacks in America; Career preparation for our youth must start at the elementary school levels; Blacks must become entrepreneurs and global marketers of our history and heritage before the Asians and whites capitalize and gain monopoly of the same; and The Black family needs to become aware of its importance as the building block of society, and change its priorities where the future of our children the all-encompassing quest.

Progress: Are you hopeful for the future of your children?

Rev. Finley: Very much so. Linda Fay (my beautiful wife) and I are con-

fident that God will bless our efforts to prepare our two children (Mac Arthur Jr., age 13 and Jacquelyne Linnette, age 12) for the coming years. We're constantly trying to teach them to get ready for the future by wisely using their time now. As Malcolm X once said: "The future belongs to those who prepare for it."

Progress/ What does your family think about all your activities?

Rev. Finley: They are very supportive and are also involved in some way in all the projects that I'm a part of. Linda and I are very grateful that Mac and Jacky realize the importance of trusting in God, and that they are part of the new African heritage pride presently sweeping the Black youth of America.